

From the Field: Infant Mental Health Journal

The Michigan Association for Infant Mental Health and WAIMH invite you to consider subscribing to the world renowned Infant Mental Health Journal, reflecting the interdisciplinary nature of the infant mental health field and an international focus through research articles, literature reviews, program descriptions, clinical studies, and book reviews. Below is an abstract of one article from the first issue of this year:

Through the Eyes of a New Dad: Experiences of First-Time Fathers of Late-Preterm Infants, *Infant Mental Health Journal*, Vol. 36(1), 78-87 (2015)

By Karen M Benzies, University of Calgary, Canada and Joyce Magill-Evans, University of Alberta, Canada

ABSTRACT: Fathers of late-preterm (34–36 weeks' gestation) infants may experience challenges in parenting. Late-preterm infants are more irritable. The unexpected early birth of an infant may negatively affect fathers' cognitive and emotional experiences. The Father–Infant Interaction Program (FIIP) is a video-modeled play intervention that aims to increase fathers' sensitivity and responsiveness to infant cues. Using data from a larger randomized controlled trial (RCT) to evaluate FIIP, the purpose of the present study was to explore the experiences of first-time fathers of late-preterm infants and their perceptions of the intervention. We conducted semi-structured qualitative interviews with 85 fathers of 8-month-old infants during the outcome home visit

for the RCT and thematically analyzed data. Three main themes about fathers' experiences emerged: Fathers believed they had the "best job in the world," yet saw fathering as the "biggest job ever." Fathers viewed fatherhood as an opportunity for personal growth and reflected on how their lives had changed since the arrival of their infant. Fathers in the intervention and comparison groups liked the convenience of the home visits and validation of their role as a father. Fathers in the intervention group liked the tailored feedback about play.

For a limited time only, we have received permission to [download](#) this one article as a sample of what the IMHJ contains.

For a one-year subscription www.WAIMH.org under membership.

Author guidelines for Perspectives in Infant Mental Health

- APA, sixth edition, for style
- 12 point font
- Double spaced
- 250 words per page
- Articles of varying length are welcome, however, length should not exceed 15 pages Word-format
- Send pictures and tables in separate files, with a resolution of at least 72 pixels/inch
- Manuscripts are accepted throughout the year
- Articles much shorter than 15 pages are also welcome for submission
- Articles from the field must be submitted for review by April 15, 2015 in time for the Spring Issue of Perspectives
- Send the submission to:
Deborah Weatherston,
dweatherston@mi-aimh.org