

As always we have to tread carefully and gently and make baby steps in new and kinder ways of nurturing, as we advocate Babies' rights and the anticipated controversy. This has been in line with our committee's decision that the general public needed to be made more aware of the maternal-infant issues on the ground and the valuable research-work combinations that are currently taking place.

Furthermore, our current committee is looking at a 2014 meeting on Infant and Carers' Rights (advocacy role) and how these can be supported. A stand addressing the same topic at the local Baby Expo is also being investigated by the committee. Again knowing that we are well supported by the parent-umbrella body of the WAIMH makes the task of tackling and gently shaking rigid parental practices, less daunting.

Finally, I also reflect on the ongoing challenge for local affiliate members to experience a meaningful connection with WAIMH. For example, by having opportunities at the WAIMH congresses to present about local affiliate work. Unfortunately, our goal of doing this at the up-coming Edinburgh congress will not be realized as the proposed work for presentation was downgraded to a poster presentation. Hopefully we can regroup and present at the next conference. Furthermore, some committee members have the feeling of not being that well linked to WAIMH, but on our side we also need to make the effort to make connections with WAIMH. WAIMH's website and newsletters are really important in this respect. Amidst these challenges, as always, the knowledge that we are not alone is what brings Hope-to these beleaguered mothers, to the carers, and finally, the committee in Cape Town.

In sum, we are looking forward to closely working with WAIMH and Affiliates in the coming year and wish the organizing and scientific committee great patience and wisdom as we march toward the Edinburgh conference.

## WAIMH 2014 Congress: Two Affiliate Events

### Live Reflective Supervision: Meeting a baby and his family through the experience of live supervision

This workshop (conducted over two sessions) offers delegates an experience of live and real-time supervision. Reflective Supervision is a cornerstone for enhancing a practitioner's effective work with infants, very young children and their families. Reflective supervision focuses on: "the shared exploration of the emotional content of infant and family work as expressed in relationships between parents and infants, parents and practitioners, and supervisors and practitioners" (Weatherston & Barron, 2009, p. 63). Following a brief introduction to the concept of reflective supervision, a live supervision session (approximately 60 minutes) will be conducted. This will involve two senior infant mental health practitioners, respectively, taking the role of supervisor and supervisee. They will engage in a reflective partnership concerning a current clinical intervention with an infant and his/her family, through discussing detailed clinical material. The supervision session will be followed by a facilitated group reflection on the supervision experience and process. This workshop is suitable for anyone who works with infants, toddlers and their families. It is specifically offered in response to educational needs expressed by the Affiliates of WAIMH who have requested learning opportunities about Reflective Supervision in conjunction with opportunities for therapeutically-oriented discussions, to bring back to their communities.

#### Session 1 (June 14, 8.30 – 10.00 am).

##### Senior clinician acting as supervisor:

Dr Louise Emanuel (Phd) is a Consultant Child & Adolescent Psychotherapist at the Tavistock & Portman NHS Foundation Trust. She is the Under Five Lead for Camden Services in the Child and Family Department. She is Course Organiser for the PGdip/MA in Infant Mental Health (M9), teaches on the clinical training for

child psychotherapists, and she has been the co-convenor of the Infant Mental Health Workshop for many years. She also has an interest in work with fostered and adopted children, children with learning disabilities, and consultation to organisations. She has numerous publications in the infant field and she has notably co-edited the book "What can the matter be? Therapeutic Interventions with Parents, Infants and Young Children, Emanuel, L. & Bradley, E. eds. (2008) London, Karnac Books. She has lectured in South Africa, Brazil, Taiwan, Australia, Israel, Holland - and taught on observational and clinical courses in Florence and Athens.

##### Senior clinician presenting case material and acting as supervisee:

Ms Patricia O'Rourke (BA, MGuidCouns, GradDipIMH)

Patricia O'Rourke is a Child Psychotherapist and Psychodramatist. She has worked as a consultant, supervisor and trainer in the public and private sectors in Australia and New Zealand. For the past ten years she has provided individual and group reflective supervision to infant mental health workers from a range of organisations and settings. She is particularly interested in child protection and preventative work with infants, toddlers and their families and she co-ordinates the Infant Therapeutic Reunification Service in the Department of Psychological Medicine, Women's and Children's Hospital, Adelaide. She is currently completing a PhD researching how mothers look at their newborns and whether this can be characterised to assist earlier intervention.

#### Session 2 (June 14, 12.30 - 2.00 pm)

##### Senior clinician acting as supervisor:

Pamela Segel (Ed.S, DS III (Developmental Specialist), IMH-E-IV(Mentor/Clinical) is an Early Childhood developmental specialist.

She practices as a home visitor and works with families with children aged birth to three who are at risk for disorders in emotional and social development. Her clients are primarily self-referrals or paediatrician referrals. Families are diverse in culture, ethnicity, and socioeconomic backgrounds. She is an Adjunct Faculty in the Education/ Early Childhood department at Central New Mexico Community College in Albuquerque, New Mexico, USA. Additionally, as an endorsed Infant Mental Health mentor, she provides Reflective Supervision to practitioners in New Mexico.

### Senior clinician presenting case material and acting as supervisee:

Ms. Sarah J. Jones is a Member of the Australian Association of Social Workers, a Clinical Member of the Victorian Association of Family Therapists, and a Member of the Australian Association of Infant Mental Health.

Her background was originally in Psychiatry Social Work. She trained in Family Therapy at the Tavistock for several years. On her return to Melbourne she trained with as a Couples Therapist and worked for 15 years at the Royal Children's Hospital in Melbourne. She now teaches on the Graduate Diploma of Infant Mental Health/RCH University of Melbourne.

As part of her own private consultancy practice she works closely with three teams of Maternal and Child Health Nurses and is the external consultant/supervisor to Maternal and Child Health Nurses, employed by the Council. She is also employed by different departments of the Royal Children's Hospital, in particular the Paediatric Palliative Care Program and Paediatric Psycho-Oncology. She wrote two papers in the book, «Baby as Subject; New Directions in Infant Parent Therapy», edited by Frances Thomson Salo and Campbell Paul, Stonnington Press, Melbourne, 2007.

Co-chairs: Maree Foley, Affiliates Council Representative, Martin St-André, Affiliates Council Chair

## From the Kauppi Campus

### -News from WAIMH Central Office

# Sponsor Delegates from Developing Countries to the World Congress

By Päivi Kaukonen, Executive Director, Tampere, Finland, [ed@waimh.org](mailto:ed@waimh.org), Kaija Puura, Associate Executive Director, Tampere, Finland, [congress@waimh.org](mailto:congress@waimh.org) and Minna Sorsa, Administrative Assistant, Tampere, Finland, [office@waimh.org](mailto:office@waimh.org)

Dear WAIMH members,

Only 11 weeks to the 14th WAIMH World Congress in Edinburgh June 14-18, 2014. Congress preparations have proceeded very well with the Local Organizing Committee and the Conference Secretariat In-Conference. We are going to have an excellent scientific program, great plenary speakers, good social programme, warm «baby people» atmosphere and colleagues from all over the world to share experiences, new ideas and details of our daily work. At the moment more than 1200 participants have registered to the Congress.

## Sponsor a Delegate Programme

Professor Astrid Berg and the Local Organizing Committee of the WAIMH 2012 World Congress in Cape Town created a Sponsor a Delegate Programme, which offered sponsorships to infant mental health professionals from developing countries with the help of donations from organizations, companies and individual WAIMH members.

Currently many countries around the world are in a very difficult economic situation. Colleagues from these countries have contacted the WAIMH Central Office expressing severe difficulties in funding their participation.

Firstly WAIMH decided to offer a special participation fee category to countries in the World Bank categories low, middle and upper middle. Secondly, we are launching a new Sponsor a Delegate Programme, in which you all can participate by donating money. We are wishing to receive donations from individual infant mental health professionals, our

Affiliate Associations and from your departments and clinics. Our colleagues from developing countries (World Bank classifications low - upper middle) can apply for sponsorship, which will cover their participation fee, gala dinner and accommodation for two nights. The local organizing committee, lead by Professor Jane Barlow, will set up a subcommittee to make the decisions according to applications. More information and all materials will be available at the congress website [www.waimhcongress.org](http://www.waimhcongress.org) as well as our own website [www.waimh.org](http://www.waimh.org). Please participate in the Sponsor a Delegate Programme and help us to support delegates from developing countries to participate - every donation counts!

## WAIMH membership and Infant Mental Health Journal

Please consider joining WAIMH if you are not a member or remember to renew your WAIMH membership for the year